

NSW MTA

CODES OF
CONDUCT/BEHAVIOUR

Executive Meeting GOAL: To ratify, as a BI-LAW, a revised Code of Conduct Policy
Document which can be issued when receipting Association Membership Levy Payment
(\$20) to each individual member of the Association. The guidelines are a reminder about
respectful behaviour and individual responsibilities

NOTE: This Policy Document should be used in conjunction with Section 4 of the NSW
MTA Handbook, titled Governance – Policies and Procedures, especially 4.1 Disciplinary
Procedures and Complaints Handling, (adopted as part of the New Constitution in
September 2017)

NSW MTA MISSION STATEMENTS FOR ALL MEMBERS

- **To foster the sport of Mini Trotting for children between the ages of 5 to 17**
- **To promote friendly competition, in an atmosphere of co-operation and good sportsmanship, encouraging social interaction for all concerned**
- **To provide opportunities for children to participate in equine courses to enhance horsemanship and life skills**

CODE OF BEHAVIOUR GUIDELINES

AND GENERAL PRINCIPLES

NSW MINI TROTTING – FOR ADULTS

Welcome to the NSW MTA and thank you for supporting your child. Parents, caregivers and community participants play a significant role in the motivation and development of young people.

Due to the regularity of contact and the influence parents and care givers have as ROLE MODELS for young people, they particularly have an opportunity to SHARE THE BEHAVIOURS, ENTHUSIASM AND RESPECT young people demonstrate in their sporting endeavours.

Please find below some suggestions that might ENHANCE THE ENJOYMENT of all those involved in Mini Trotting:-

- 1 Enjoy the journey**
 - Sport is a journey that provides physical, social and emotional benefits for children. Enjoyment and having fun with friends is their greatest reward. You also share in this enjoyment.
- 2 It's better if the first question you ask your child is "did you enjoy it?" rather than "did you win?"**
 - Not every child is going to become a champion but every child has the opportunity to continue enjoying sport through coaching, managing or supporting.
- 3 Model good behaviours and never accept poor sportsmanship from your child**
 - Children learn more by seeing than hearing, particularly from people they care about. No matter what the circumstances, be someone they can admire and respect
 - Parents aren't judged on their child's accomplishments; however parents are often held responsible for their child's behaviour
- 4 Your child's results should not affect your mood**
 - Never get upset after an event where results don't go the way of your child
- 5 Give your child space to grow and mature**
 - All children are different. Accept your child for who they are. Fault finding makes the child question their self-worth. Letting a child know how much you care about them makes them proud and builds resilience
- 6 Focus on the processes rather than the outcomes**

- Parents should understand that the best athletes focus on the process, because the result is often out of their control

7 Avoid going over the top about your child's talent

- Every sport has talented athletes, but for various reasons they do not always reach the pinnacle

8 Encourage good attitudes

- Good attitudes carry over into all aspects of life

9 Support Club Office Bearers and Event Officials, especially in public and in front of your child

- If there is a disagreement, settle it privately
- Negatively discussing other parents in front of your child can be detrimental
- No matter how private conversations are, they can become public very easily

10 Build good relationships with other parents

- Parents of your children's friends will often become your friends

11 You should not compare your child's journey to another child's journey

- Children mature at different rates. All children are different. Try to understand your child's views of the world around them

12 If your child makes mistakes, let them experience the consequences of their actions

- This is how they learn and grow and become independent, resourceful and confident
- Set-backs and failures are opportunities for improvement. Explain to your child that continued effort, practice and learning are the keys to success

13 Recognise that your child's results don't define you

- Your child's success or disappointment does not change other parents' views of you

14 Develop your child's strengths

- Help your child to identify their strengths and develop them. These children experience success, become inspired, confident and resilient

15 Ensure any use of social media about Mini Trotting Events and their participants, whether as drivers or officials, is responsible and appropriate

16 Everyone has a responsibility to ensure fair play and positive involvement in the sport of Mini Trotting

17 All NSW MTA sporting events are alcohol and smoke free zones

NSW MTA CODE OF BEHAVIOUR FOR JUNIOR MEMBERS

YOUNG PARTICIPANTS CODE OF BEHAVIOUR

- 1 Behave in a sporting manner at all times to all participants including officials and spectators**
- 2 Strive for personal excellence**
- 3 Abide by the rules at all times**
- 4 Treat all participants as you enjoy being treated yourself**
- 5 Put your value on honest effort, skill performance and improvement**
- 6 Abide by the Mission Statement of Mini Trotting = *“Participate in friendly competition, in an atmosphere of co-operation and good sportsmanship, encouraging social interaction for all concerned”***
- 7 Don’t make detrimental statements about other participants or officials, verbally or on social media platforms**
- 8 Respect the rights, dignity and worth of every participant, regardless of their gender, ability or cultural background**
- 9 Make your goal to have fun and improve your skills**